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Chris Comish's blog

Chris Comish is a Reiki Master and here to lift others up in Love and Light.

Saturday, July 26, 2025

Planes of Consciousness

Explain causal, buddhic, atmic, monadic, logoic planes of consciousness and energy

ChatGPT said:

The causal, buddhic, atmic, monadic, and logoic planes refer to subtle levels of consciousness and existence in Theosophy and other esoteric spiritual traditions, such as those found in the teachings of Alice Bailey, Helena Blavatsky, and Rudolf Steiner. These planes represent increasingly refined levels of reality beyond the physical, emotional, and mental realms. Each corresponds with a deeper, more universal level of consciousness and energy.

Here's a structured explanation of each plane, from the causal upward:

1. Causal Plane (Higher Mental Plane)

Function: This is the plane of the soul or higher mind. It is where the individual soul resides, collecting and integrating experiences from physical incarnations.

Consciousness: Abstract thought, intuition, higher wisdom.

Energy: Energetically subtler than the lower mental plane, yet still individualized.

Purpose: It is the level where karmic patterns and spiritual learning are encoded between lifetimes. It's the "cause" of future personality expression, hence the name "causal."

2. Buddhic Plane

Function: The plane of unity, love-wisdom, and direct knowing beyond duality.

Consciousness: Non-dual awareness; pure intuition (not the gut feeling but spiritual insight).

Energy: Energetically unifying; harmonizes polarities (male/female, light/dark, etc.).

Purpose: To transcend the separateness of egoic consciousness. At this level, one perceives the interconnectedness of all life.

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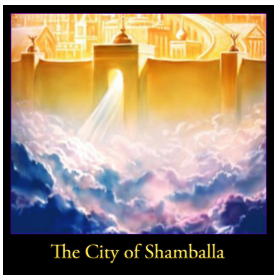

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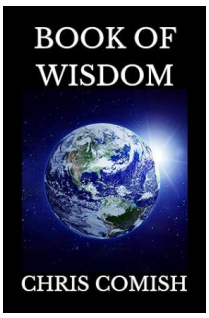

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3. Atmic Plane (Spiritual Will)

Function: Plane of spiritual will or divine purpose. It corresponds to the "will aspect" of divinity (in the triad of will, love-wisdom, and intelligence).

Consciousness: Pure will or spiritual direction. It's not personal will but the will aligned with divine plan.

Energy: Potent and directive; initiates transformation and spiritual action.

Purpose: It brings alignment to one's life purpose with the divine will. Atmic consciousness enables one to act in service without attachment.

4. Monadic Plane

Function: Realm of the Monad, the divine spark or essential essence of a being.

Consciousness: Unity with divine being; the root consciousness of all individual souls.

Energy: Almost entirely non-differentiated; raw spiritual power and unity.

Purpose: This is the true source of the soul. Individual consciousness is almost entirely merged in universal identity. Few beings are fully conscious at this level (e.g., Masters or Adepts).

5. Logoic Plane

Function: Plane of the Logos, the divine consciousness that encompasses entire systems (e.g., solar system or universe).

Consciousness: Cosmic-level awareness—beyond human comprehension. It is the mind of God, so to speak.

Energy: Supreme spiritual vibration. The source from which all other planes emanate.

Purpose: Origin of all creation and order in the cosmos. Only cosmic beings (like Solar Logoi) fully inhabit this plane.

Summary Table

Plane	Key Aspect	Consciousness	Energy Nature
Causal	Soul Higher mind, abstract	Refined mental energy	
Buddhic	Love-Wisdom	Unity, spiritual insight	Harmonizing
Atmic	Divine Will	Purposeful, transformative	Directive spiritual force
Monadic	Divine Spark	Universal self	Undifferentiated unity
Logoic	Cosmic Logos	God-consciousness	Source of all energy

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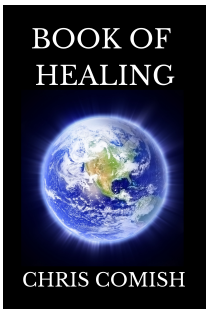

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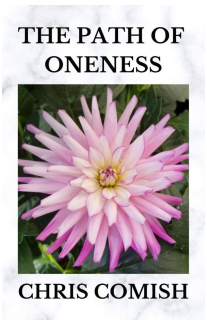

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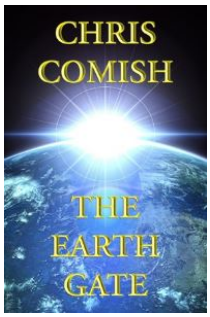

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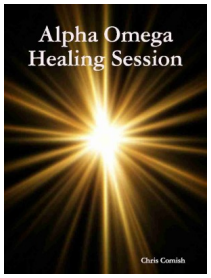

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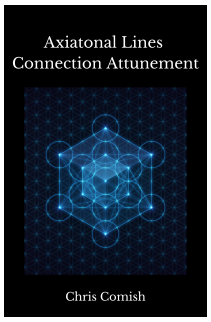

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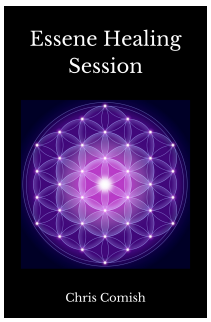

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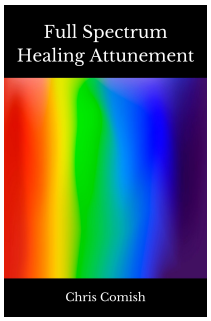

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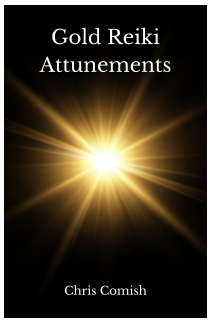

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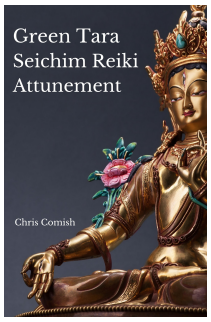

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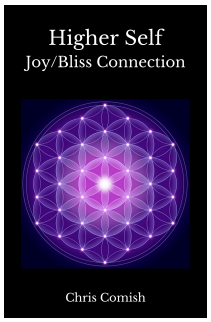

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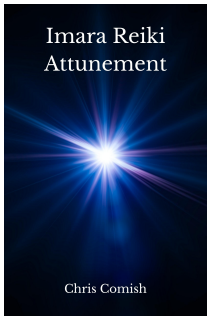

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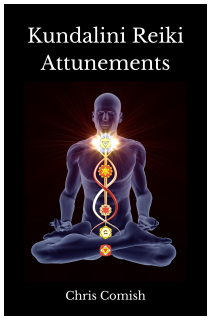

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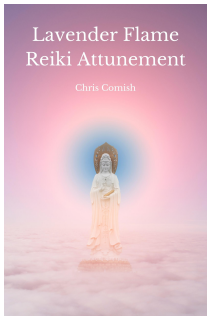

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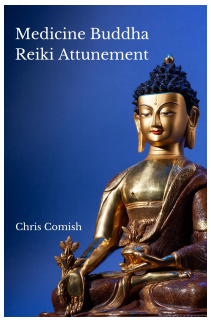

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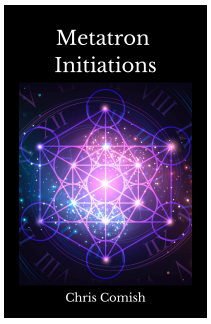

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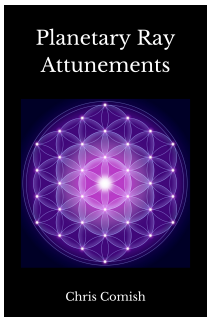

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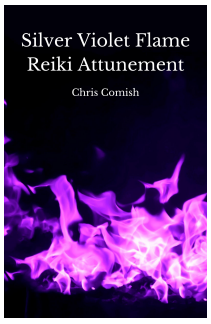

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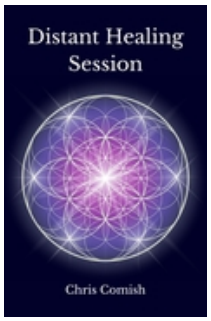

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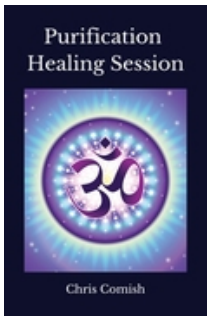

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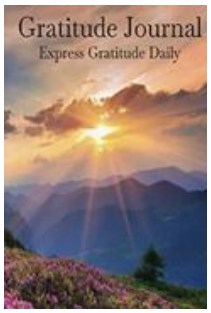

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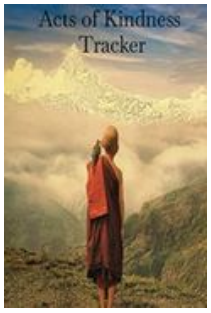

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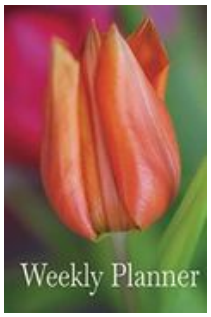

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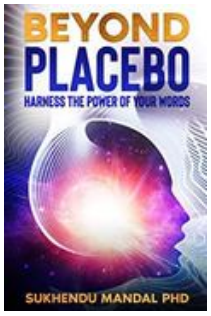

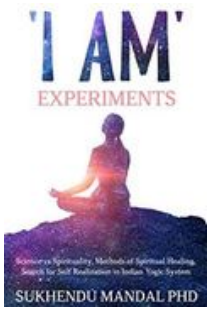

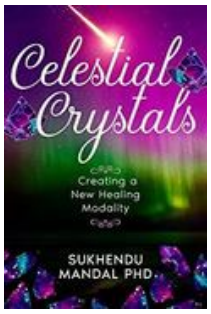

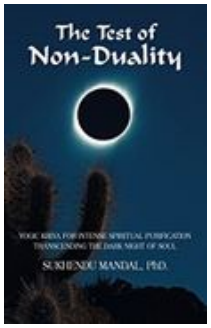

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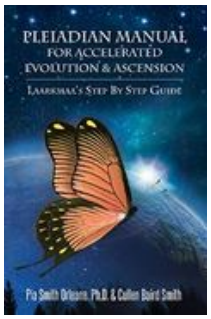

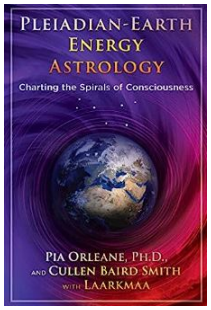
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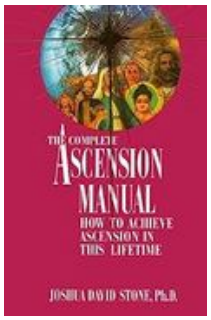
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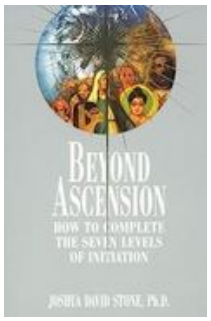
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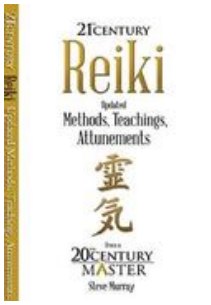
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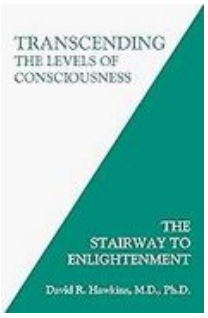
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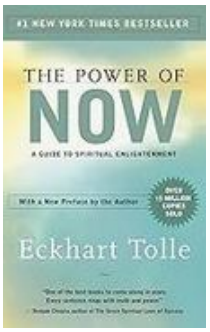
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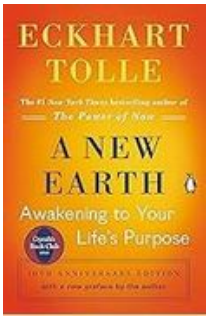
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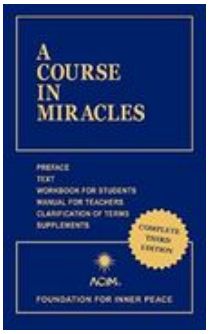
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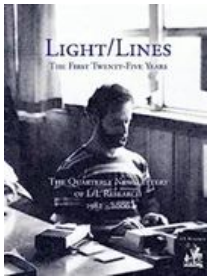
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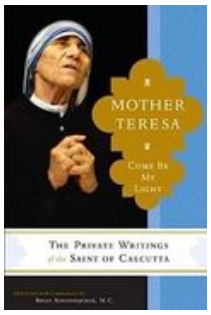
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Initiation
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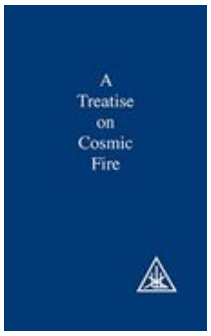
A
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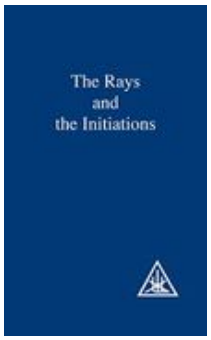
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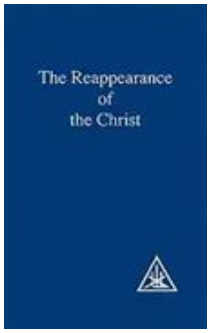
The Reappearance
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The
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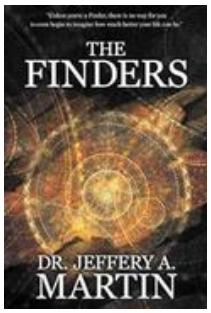
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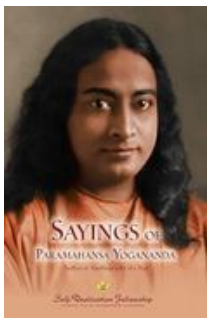
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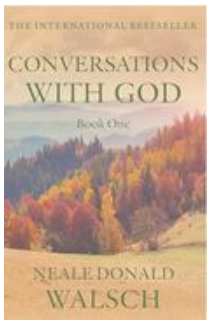
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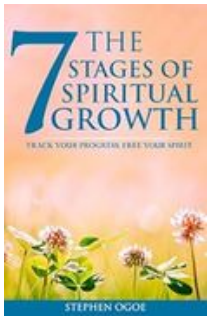
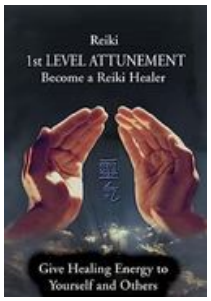
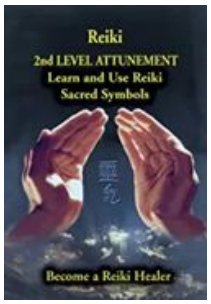
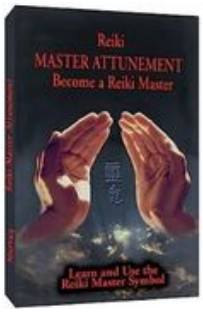
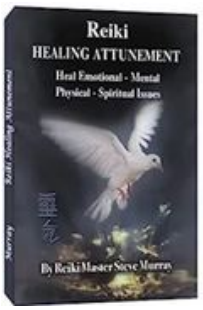


Recommended DVDs (These started Chris Comish's Reiki journey in 2006)









Forum - The City of Shamballa Social Network

- The Real Meaning Of Christmas - The Song Of Light Returning
- Solstice Transmission with Anrita Melchizedek
- Do Not Waste This Opportunity
- Meditation And The Inner Celebration of Christmas By Yogananda & The Self-Ralization Fellowship
- ✨NEW MOON ACTIVATION✨ Energy Detox & Supercharged Manifesting Power |Guided Meditation

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Message to the Disciples

3 books by Chris Comish

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